

Threshfield Primary School  
PE Long Term Plan

Year	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer1	Summer 2
Year 1	Multi- skills	Dance	Gymnastics	Games: hitting and receiving	Games: throwing and catching	Athletics Orienteering
Year 2	Swimming					
	Multi- skills : sending and receiving	Multi-skills : Net and Wall games	Gymnastics / Trampolining	Dance / Tag Rugby	Games : throwing and catching	Athletics Orienteering
Year 3	Swimming					
	Invasion Games	Net and Wall Games	Gymnastics / Trampolining	Dance / Tag Rugby	Striking and Fielding games	Athletics Orienteering
Year 4	Invasion Games	Net and Wall Games	Gymnastics / Trampolining	Dance / Tag Rugby	Striking and Fielding games	Athletics Orienteering
	Swimming					
Year 5	Swimming					
	Invasion game activities.	Net Wall, Tennis, Badminton	Gymnastics / Trampolining	Dance / Tag Rugby	Striking and fielding games	Athletics Orienteering
Year 6	Swimming					
	Invasion game activities.	Net Wall Tennis, Badminton	Gymnastics / Trampolining	Dance / Tag Rugby	Striking and fielding games	Athletics Orienteering