

# Threshfield Primary School personalised PE curriculum



	Block 1	Block 2	Block 3	Block 4	Block 5	Block 6
Year 6	Invasion games- Basketball/netball	Dance	Gymnastics/Trampoline  Net Wall- Badminton	Net wall/ Volleyball  Invasion -Tag Rugby	Striking and fielding- Cricket/Rounders/Softball	Athletics  OAA
	Swimming					
Year 5	Invasion games- Basketball/netball	Dance	Gymnastics/Trampoline	Net wall/ Volleyball/Badminton  Invasion -Tag Rugby	Striking and fielding- Cricket/rounders/Softball	Athletics  OAA
	Swimming					
Year 4	Activities leading to Invasion Games  Basketball/Netball skills	Dance	Gymnastics/Trampoline  Activities leading to Net Wall- Badminton	Activities leading to Net wall/ Volleyball  Activities leading to Invasion game -Tag Rugby Skills	Activities leading to Striking and fielding- Cricket/rounders Skills	Athletics Leading to Athletics  OAA
	Swimming					
Year 3	Activities developing skills in Invasion Game skills Basketball/Netball	Dance	Activities developing skills in gymnastics	Activities developing to Net Wall Skills	Activities developing skills in Striking and Fielding	Activities developing skills in Athletics  OAA
	Swimming					

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Year 2	Attack Defend Shoot Unit 1	Dance Unit1	Send and Return Unit 1	OAA	Run Jump Throw Unit 1	Send and Return Unit 2
	Gymnastics Unit 1	Hit Catch Run Unit 1	Gymnastics Unit 2	Attack Defend Shoot Unit 2	Hit Catch Run Unit 2	Swimming
Year 1	Attack Defend Shoot Unit 1	Dance Unit1	Send and Return Unit 1	OAA	Run Jump Throw Unit 1	Send and Return Unit 2
	Gymnastics Unit 1	Hit Catch Run Unit 1	Gymnastics Unit 2	Attack Defend Shoot Unit 2	Hit Catch Run Unit 2	Run Jump Throw Unit 2
Reception	Body Management Unit 1	Dance Unit1	Dance Unit2	Speed Agility Travel Unit 1	Body Management Unit 2	Cooperate and Solve Problems Unit 1
	Manipulation and Coordination Unit 1	Gym Unit 1	Cooperate and Solve Problems Unit 1	Gym Unit 2	Manipulation and Coordination Unit 2	Speed Agility Travel Unit 2